Mother Power support group fights drug abuse

By Ed Baker
Wicked Local Weymouth
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Weymouth — Local families that have a drug-addicted sibling, parent or spouse may feel nobody understands their situation, but Mother Power is giving them moral support through a weekly discussion group at Weymouth Medical Practice, an outpatient facility that specializes in treating substance abuse.

"Nobody wants to raise an addict," said Adrienne Colletti, a facilitator for Mother Power. "It upsets me that parents are blamed for having an addict. You can lead a horse to water, but you can't lead them to drink. What we try to do at Mother Power is to give parents empowerment and a plan so that if they have a child who has a relapse, the parents will know what the sign of a relapse is."

Mother Power has been meeting for nearly a month since Weymouth Medical president Dr. Punyamurtula S. Kishore founded the discussion group in collaboration with the National Library of Addictions. Colletti said the support group has roughly 20 parents that include mothers, fathers, relatives and friends of a recovering addict who attend the weekly meetings.

"When you are dealing with an addict, it is emotionally embarrassing and scary," Colletti said. "When you come to a support group, you hear different stories and you can go away stronger or more scared in some instances than before you came in."

She said Mother Power help parents recognize drug addiction in a family member, and that can be unsettling.

"It is a learning process," Colletti said. "Empowerment comes when you listen to people who have made the same mistakes you are making."

Mother Power meets every Wednesday at 6 p.m.

"People come from Weymouth and surrounding towns," Colletti said. "We have people from Scituate, Hingham, Randolph and Holbrook. People can just show up at the meeting and they will be welcomed with open arms."

Additional details about the group are available by calling 781-337-0530.

For more, see this week's Weymouth News.